



**A protein-packed,
planet-based wonder!**

Classic Tofu



**100%
Natural**



**Lactose
Free**



**Zero
Cholesterol**



**High
Protein**



**Gluten
Free**

Chilli Garlic Tofu



Masala Tofu



EAT RIGHT. LIVE RIGHT.



Classic Tofu

Enjoy the simplicity of our Classic Tofu, an excellent source of protein and calcium. Perfect for grilling, frying, or adding to your favorite dishes, it offers a nutritious and tasty experience that supports a healthy lifestyle

Ingredients:

Purified water, Soyabean, Salt, Citric Acid or Calcium Salt



Chilli Garlic Tofu

Experience the zest of our Chilli Garlic Tofu. Infused with fiery chilli and aromatic garlic, this protein-rich, low-fat treat adds a spicy kick to any dish. Enjoy the health benefits of soy with bold, exciting flavors

Ingredients:

Purified Water, Soyabean, Chilli, Garlic, Salt, Black Salt, Calcium Sulfate



Masala Tofu

Spice up your meals with our Masala Tofu! Bursting with the flavors of cumin, coriander, and chilli, and the health benefits of soy, this lactose-, gluten-, and cholesterol-free vegan delight offers a savory, guilt-free indulgence. Enjoy a nutritious, high-protein meal with aromatic flavors

Ingredients:

Purified water, Soyabean, Chilli, Cumin Seeds, Coriander, Salt, Black Salt, Calcium Sulphat



Manufactured & Marketed by:

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 www.mothernatures.in  [mothernaturesofficial](https://www.instagram.com/mothernaturesofficial)



Vegans are obsessed with tofu!

Mother Nature's Tofu makes every meal healthier and more balanced. From vibrant bowls to comforting Indian favorites, it adapts beautifully to your kitchen.

Three flavors. Curated possibilities:

Classic

Perfect for Tofu Bhurji &
Grilled Tofu Salad

Chilli

Ideal for Chilli Tofu Stir-Fry &
Asian Tossed Bowls

Masala

Best enjoyed as Tofu Masala
Curry & Tofu Tikka

Handcrafted from quality soybeans, it's light, protein-rich,
and thoughtfully made for modern lifestyles.



Scan the QR code to
explore more recipes.